

## Teenage Smoking Fact Sheet

### Healthy People 2010 Goal:

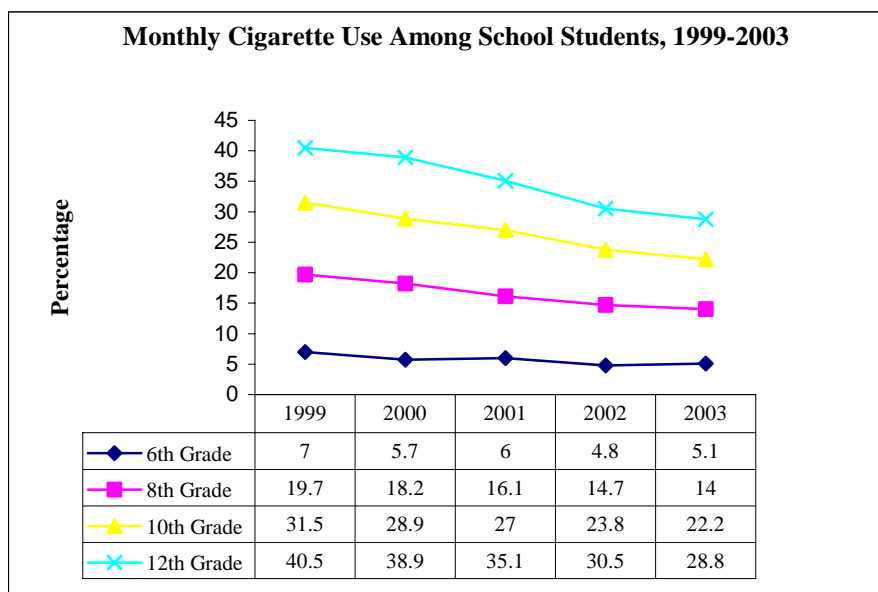
- To reduce the cigarette use (past month) by students in grades 9 through 12 to 16%.

### Consequences:

- Cigarette smoking results in heart disease and several kinds of cancer (lung, larynx, esophagus, pharynx, mouth, and bladder, pancreas, kidney and cervix) and poor pregnancy outcomes in women.

### Trends towards Healthy People 2010 Goals:

- Cigarette smoking and smokeless tobacco use decreased for all grades except 6<sup>th</sup> graders.
- Monthly use of cigarettes for 6<sup>th</sup> graders increased from 4.8 in 2002 to 5.1% in 2003; whereas, annual use of cigarettes slightly increased from 9.4 % to 9.5%.
- For the first time, lifetime cigarette use among 10<sup>th</sup> and 12<sup>th</sup> graders has dropped below the national rates.
- Comparing 2003 rates with 1996 rates, about 73,800 fewer Indiana children and adolescents smoke cigarettes on a monthly or more frequent basis than previously.
- About 51,200 fewer Hoosier youth smoke cigarettes daily and about 36,500 fewer smoked a half pack or more per day.
- If these trends continue, Indiana could achieve the Healthy People 2010 goal of reducing current smoking rates among high school students to less than 16%.



**Source:** Indiana Prevention Resource Center